



Condé Nast Traveller

JANUARY 2016 £4.10

106 *of the
world's
best islands*

WINTER SUN

WHAT'S NEW ON ST BARTH'S?

ULTIMATE PRIVACY
OUR ROUND-UP OF THE
SMARTEST SEASIDE ESCAPES

SECRET BEACHES

WHERE TO STAY ON AFRICA'S
HOTTEST COASTLINE

CASTAWAYS

CARA DELEVINGNE

TURKS & CAICOS

KATE WINSLET

THE MALDIVES

HARVEY KEITEL

CAPRI

DENNIS QUAID

HAWAII

MARGARET ATWOOD

NEWFOUNDLAND

SEBASTIAN FAULKS

PORQUEROLLES

+ EATING AND SHOPPING
HONG KONG,
NEW YORK & SINGAPORE

THE ISLANDS ISSUE

ISLAND STYLE



IF YOU ONLY PACK 4 THINGS...

for a desert island

Olivia Falcon reveals the beauty kit she'd never be without



FOR DAY

I'm usually petrified of tanning oils. Visions of wizened old ladies with skin that matches their crocodile Birkin bags haunt me. But then along came **Lancaster Sun Beauty Dry Oil Fast Tan Optimizer SPF 50** and everything changed. It's an oil with mega levels of block. Rather than barbecuing your skin, this protects it from harmful UVA (ages), UVB (burns) and infrared rays (damages DNA). It's also non-greasy and has a built-in tan-optimiser complex that encourages skin to produce more melanin so you can lie out all day with SPF 50 on and still go nut-brown. Delightfully crafty, it's the Gordon Gekko of sun care. £24; www.debenhams.com



FOR HAIR

Hair-colourist extraordinaire Josh Wood removes the agony of being marooned thousands of miles from your trusted hairdresser with his **Root Concealer** spray. It cleverly covers up boggy dark roots and telltale greys with equal aplomb and the non-permanent formula is easy to master: simply point, shoot and brush through. It comes in three shades and has the powdery properties of a dry shampoo, concealing greasy hair and giving roots some oomph. You can now play castaway without looking like one. £12.50; www.marksandspencer.com

FOR NIGHT

If I was forced to walk the plank at gunpoint with just one beauty product in the back pocket of my bikini, it would be the new **Crème de la Mer The Renewal Oil**. A brew of deeply nourishing sesame and eucalyptus oils infused with the brand's famed Miracle Broth (the stuff that turns crispy-fried chicken skin into a far peachier prospect). A few drops on skin at sunset gives cheeks a dewy rather than shiny appearance, but don't stop there. Rub it into the lengths of hair before you go to bed to avoid split ends and slather it onto shins post-shower for a souped-up after-sun treat. £155; www.harrods.com



FOR NAILS

It's a fact that the beach is a devil to nails, so thank goodness I discovered **Deborah Lippmann's Genie in a Bottle**. This strengthening treatment paints on clear and seals your favourite polish rock-solid and chip-free for at least a week. It also contains ultra-sheer violet pigments to camouflage yellow stains and whiten up tips for the cleanest looking nude nail. Handy. £18; www.selfridges.com



PHOTOGRAPH: HORST DIEKGERDES/TRUNK ARCHIVE