

11-14FASHIONCover [P].indd 2 18/09/14 14.25

STYLE FILE



FOR HOT ZONES

My sister-in-law Jennifer has glorious corkscrew curls. But she lives in fear of those sweltering seaside cities – Rio, Sydney, Miami, Dubai – where you have to hop from beach to bar and not look like you've been dragged through a hedge backwards. So I've lent her my

Kérastase Discipline Curl Ideal Cleansing Conditioner,

a clever formula that cleans big-smoke pollution and smooths hair in one shot. I've asked for the bottle back, but she's not returning my calls. £29; kerastase.co.uk

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IF YOU ONLY PACK 4 THINGS...

for hair-raising adventures

Olivia Falcon reins in the mane with these hard-working picks

FOR GLAMPING

I've lost count of the number of times I've rocked up to my camper van or navigated my way to the main stage at a festival and my bullet-proof blow-dry has collapsed. This was before I made friends with Moroccanoil Dry Shampoo. Giving flat hair oomph, it absorbs excess oil and has a UV filter (in case you're heading to Burning Man rather than Glastonbury this year). There's a spray for blondes that has a purple tinge to tone down brassiness, and one for darker shades with an ultra-fine, rice-bran powder that doesn't leave behind that telltale chalky residue. £14.85; moroccanoil.co.uk



FOR HAND LUGGAGE

Having finally found a way to micro-manage the two rather unfortunate cowlicks on either side of my head, I now never leave home without chucking the **GHD Atlantic**Jade Styler into my carry-on holdall. It strategically heats hair to a level temperature so there is no fear of frying. I use it for quick fixes, to straighten out kinks, create flicks or, my personal favourite, Veronica Lake waves. £130; ghdhair.com



FOR TOP-DOWN ROAD TRIPS

Ease 10-Day Tamer. It sounds like it should be sprayed on feisty family members or errant friends. Apply it to hair before a shower, then wash as normal. It contains a game-changing smoothing agent that works to cushion every strand and quash frizz – think of it as a straightjacket for crazy hair that won't behave. The sleek effect lasts up to five washes, and it's just as good if you air-dry naturally (rather than blow-dry), so you can leap into the convertible Corvette without a Grace Kelly headscarf and focus on the map instead. £12.99; boots.com

PHOTOGRAPH: THANASSIS KRIKIS/FOLIO-ID.COM